

0415332123
3/98 Terrigal Esplanade
Terrigal, NSW 2260



PLEASE ORDER AT THE COUNTER

all meals are cooked to order, we appreciate your patience

Facebook/chopngrind

Insta/ chop_n_grind

Tag us on Insta @chop_n_grind

*** DELIVERY OPTIONS ***

Doordash — Menulog — UberEats — Or — Pick up in store

STARTERS

Crispy Fried Prawns (5) w/lime aioli	20.00
Mac and Cheese	14.00
Onion Rings w/smokey aioli	10.00
Mozzarella Sticks (6) w/smokey aioli	12.00
Jalapeno Poppers w/peri aioli (4)	15.00
Salt and Pepper Calamari w/chips	15.00
Chicken Bites (6) pieces 12.00 (12) pieces	20.00
Mac and Cheese Croquettes w/peri aioli (4)	12.00

WINGS (8)

Dry Rubbed Spice	10.00
Spicy Asian	12.00
Franks Special Red Hot Sauce	12.00

FRIES

Salted Fries	S 5.00	L 10.00
Sweet Potato Fries	S 6.00	L 12.00
Garlic Parmesan Fries	S 6.00	L 12.00
Chili Fries	S 5.00	L 10.00

CHIP STACK

(w/melted cheese, bacon & jalapenos.)

Plain Fries	14.00
Sweet Potato	18.00

NACHO FRIES

Taco seasoned fries, Mexican beans, melted cheese, salsa, onion, jalapenos, guacamole, sour cream & sweet chili	18.00
---	-------

BEEF BURGERS

all burgers served on milk buns unless stated otherwise

Gf buns \$3

add a side of fries \$3

<u>Junior Chop Beef</u>	12.00
Grilled wagyu beef w/cheese and choice of sauce	

<u>Cheesy Chop</u>	16.00
Grilled wagyu beef, american cheese, lettuce, tomato, onion, pickles and house aioli	

<u>Spicy Hot Chop</u>	17.00
Grilled wagyu beef, Spanish chorizo, grilled capsicum, lettuce, tomato, onion, jalapenos, peri peri aioli.	

<u>Single Grind</u>	18.00
Grilled wagyu beef, american cheese, bacon, tomato jalapenos, lettuce, onion, pickles, tomato sauce and mustard, served w/onion rings.	

<u>Double Grind</u>	24.00
Grilled wagyu beef x 2, american cheese, bacon, jalapenos, lettuce, tomato. onion, pickles, tomato sauce and mustard, served w/onion rings.	

<u>Aussie Chop</u>	20.00
Grilled wagyu beef, bacon, egg, pineapple, beetroot, lettuce, tomato, onion, cheese, bbq sauce.	

<u>Double Double</u>	18.00
Double wagyu beef, double american cheese, double bacon, tomato sauce and mustard.	

VEGETARIAN/VEGAN BURGERS

<u>Chop-Pea Chickpea</u>	18.00
Chickpea pattie with grilled feta, capsicum, lettuce, onion, rocket, house salsa and house aioli.	

<u>Mental Lentil</u>	19.00
Carrot & Lentil pattie, eggplant, beetroot, onion, lettuce and hummus. (Vegan on GF bun or wrap)	

<u>Green Machine</u>	19.00
Sweet potato, onion, chickpea, & spinach pattie, guacamole, capsicum, tomato and pesto (Vegan on GF bun or wrap)	

CHICKEN BURGERS

(Choose Crispy Fried or Grilled)

all burgers served on milk buns unless stated otherwise

Gf buns \$3

add a side of fries \$3

<u>Junior Chop Chicken</u>	12.00
chicken w/cheese and your choice of sauce.	

<u>Chicken Cheesy Chop</u>	16.00
Chicken, american cheese, lettuce, tomato, onion, pickles and house aioli.	

<u>Hot Chick</u>	15.00
Chicken, spicy slaw, lettuce and garlic aioli	

<u>Karate Chop</u>	16.00
Chicken, cucumber, lettuce, tomato and wasabi slaw.	

<u>Hail Caesar</u>	19.00
Chicken, bacon, egg, lettuce, rocket, parmesan and mustard seed aioli.	

<u>Guac Chop</u>	19.00
Chicken, bacon, cheese, guacomole, lettuce, tomato, onion, rocket, garlic aioli and pesto.	

<u>Bang Bang Chicken</u>	18.00
Chicken, bacon, cheese, onion, lettuce and asian slaw.	

<u>The Baywatch</u>	18.00
Chicken, american cheese, bacon, tomato, onion, mustard seed aioli w/pineapple fritter.	

**DON'T FORGET TO LOOK AT
OUR GREAT
COCKTAIL & BURGER
SPECIALS**

SOMETHING DIFFERENT

Pork Belly 20.00
Slow cooked pork belly, spicy slaw, spinach, lettuce, franks hot sauce and bbq sauce.

Lamb Grill 18.00
Grilled lamb pattie, roasted capsicum, eggplant, grilled feta, rocket and tzatziki.

The Mexican 19.50
50/50 wagyu beef/chorizo pattie, spicy beans, jalapenos, lettuce, tomato, guacamole, sour cream and corn chips.

Hawaii 5 'O' 19.00
50/50 wagyu beef/bacon & cheese pattie, pineapple, bacon, american cheese, lettuce, tomato and mustard-seed aioli.

Krusty Krab 22.00
Fried salt and pepper soft shell crab, dill slaw, onion, lettuce, house salsa, lime aioli served on a black bun.

KIDS MENU

\$12.00

served with chips and juice box Soft drink add \$1

Kids Beef Burger
Grilled wagyu beef, cheese and tomato sauce.

Kids Chicken Burger
Crispy chicken, lettuce and mayo.

Kids Chicken Bites

Kids Mac and Cheese

SALADS/WRAPPS

Burgerito Turn **any** burger into a wrap

Burger Bowl Turn **any** burger into a salad without the bun.

Plain Salad 10.00
Seasonal leaves, rocket, capsicum, onion, house salsa feta and cucumber

Nacho Salad 16.00
Mixed Salad, Mexican beans, jalapenos, gauc, sour cream and corn chips.

Tropical Bowl 22.00
Crispy or grilled chicken, bacon, pineapple, onion, tomato, cucumber, garlic aioli and parmesan.

EXTRAS

Crispy or grilled chicken, beef, lamb 6.00
Salt and pepper crab 10.00
Salt and pepper calamari 10.00
Crispy fried prawns (EACH) 3.50
Guac, Bacon, chorizo, feta 4.50
Cheese, egg, capsicum, sour cream, beetroot, pineapple 2.50
Tomato, cucumber, onion, pickles, jalapenos 1.00

SAUCES

AIOLI 0.80
Smokey, Garlic, Peri-Peri, Lime, Hawaii, Chipotle, Jalapeno,

SAUCE 0.80
Tomato, BBQ, Sweet chili, Sriracha, Franks hot sauce, Sweet Soy
Ginger, Buffalo, Plain mayo, American Mustard

SWEET THINGS

Toasted Waffles 12.00
w/caramel sauce and ice cream 12.00
Choc Fudge Brownie 8.00
w/chocolate sauce
Baked New York Cheesecake 7.00
Warm Sticky Date 8.00
w/butterscotch sauce
Add ice cream 1.50

DRINKS

Coffee S - 4.00 L - 5.00
Decaf 0.50
Syrup - Vanilla, Caramel, Hazelnut 0.50
Tea - see staff for selection 4.00

Iced 8.00
Chocolate, Chai, Mocha, Dirty Chai
All served with cream and ice cream
Milkshakes 7.50
Chocolate, Strawberry, Banana, Vanilla, Caramel

Soft Drink 4.00
Coke, Coke zero, Lemonade, Sunkist, Solo, Lemon Lime & Bitters, Ginger Beer, Tonic Water, Soda Water.

Mineral Water 500mls 8.00

Juice 4.50
Apple, Orange, Pineapple

